Hoger Algemeen Voortgezet

Onderwijs

Tijdvak 1 Donderdag 22 mei 13.30 – 16.00 uur

Tekstboekje

Patriotism today

Sir: While sitting behind a rural 4x4 in a traffic queue, I wondered if the irony (or should I say hypocrisy?) of the message in the rear window was entirely lost on the driver. The sticker read, "Young farmers say British is best." The vehicle was built ___1_.

PAUL DUNCAN

Knaresborough, North Yorkshire

'The Independent'



Mouchoir de Monsieur

WHEN I was at university, I was introduced to a mature student who, for a brief few months, seemed very keen to cultivate me. It came as some surprise to discover that she had been a model — Yasmin Le Bon she wasn't. It turned out that she had been a hand model and the star of the Denim advert where it was implied that by wearing the right aftershave you would have women trying to unbutton your shirt.

Denim needed red nails and questing fingers to sell because, in reality, its smell was to sex appeal what the iceberg was to the Titanic. In contrast, the world's sexiest fragrance for men is so underplayed that most people have never even heard of it. Mouchoir de Monsieur by Guerlain, a blend of bergamot and sandalwood, was the first fragrance to be designed specifically for gentlemen – in 1904, when men were magnificent and wanted to smell nice in their flying machines.

Before Mouchoir de Monsieur, Guerlain had beaten Calvin Klein by almost a century with Jicky, an eau de toilette that proved as popular with men as women.

Mouchoir de Monsieur is still going strong 94 years later, but you won't find it alongside a complementary range of body scrubs in a high-street chemist. The only place you can buy it in Britain is Harrods – for a sum that would buy Brut by the barrel – but when you know you will smell like aficionados such as Sean Connery and Cary Grant, it is well worth the trip.

On a cynical note, would it be so appealing if it wasn't French? In translation, would any self-respecting heman feel comfortable dabbing a spot of Hanky behind his ears? Maybe not.

Robert Johnston

'The Sunday Times'

Eighteen smiles - but only one is genuine

Most social animals use smell to signal to each other, but we rely on a sophisticated 50sg inches of skin and bone, writes **Jerome Burne**

1 The peacock has its tail, the thrush its song and humans have the face.

Fifty square inches of 5 skin and bone create one of the most sophisticated signalling devices in the animal kingdom. While most social animals use 10 smell to send messages about mating, fighting or social status, we rely on the face. This fine network of muscles that 15 shape our huge range of expressions is so dense and interconnected that anatomists cannot trace all the connections on the 20 dissecting table. The only way is on a living face.

As social animals, our survival depends on being able accurately to read the faces of others – are they hostile or friendly? – so we are programmed to respond to them from birth. The constant visual dialogue between parents and child as they mirror expressions back and forth is vital for the developing brain. What's more, babies as young as two months prefer attractive faces.

Since the time of the Ancient Greeks beauty has been defined in math-40 ematical terms – equal thirds vertically and equal



fifths from left to right – but now we use the language of evolution.

Until puberty boys' and girls' faces have similar shapes, but under the sculpting effects of hormones, they diverge. Oes-50 trogen, typically, gives women fuller lips and chins, smaller testosterone lengthens the jaw. Young female faces 55 are attractive because they say "I'm fertile". But the hormonal shaping has to be symmetrical - not because it corresponds to 60 some ancient Greek ideal, 8 but because symmetry in many species signals health. So females find symmetrical males more 65 attractive.

But faces aren't just features and proportions, their real signalling power comes from expressions 70 forged in an evolutionary arms race to develop better techniques for deceiving and spotting cheaters. Persuading others you are sincere when you are lying, for instance, gives you an advantage but so does the ability to tell who is or reliable.

This trade-off is reflected in the smile. Babies recognise and respond to smiles at six weeks and 85 we go on responding to them until we die. There are 18 different sorts of smile but only one is Called genuine. 90 Duchenne smile, it needs two sets of muscles - one around the mouth called the zygomatic and another around the eyes called the 95 orbicularis. What makes it special is that, while you can consciously control the mouth muscles, the orbicularis only responds 100 to genuine emotion.

Good cheat detectors also watch the left side of the face. A genuine emotion affects both sides of the face equally, but when the feelings are phoney there tends to be more activity on the left. A lopsided grin in response to socks again at Christmas means they probably weren't very welcome.

'The Financial Times'

Big Mother is watching you

Hi-tech parenting is getting out of hand, says Marina Cantacuzino



t the cost of just £300,000, it seems that film actress Jodie Foster has come up with the definitive answer to diminishing the working mother's guilt. She's invested in a futuristic baby monitor so she can dial home from anywhere in the world, to see and talk to her son "when only a

mother's voice will do".

Spying on your baby, like spying on neighbours, is all the rage. The latest technology from Mothercare, the Lindham Babytalk Sound and Vision monitor, costs a mere £329 for "the ultimate reassurance and total peace of mind" to anxious parents. This monitor allows you not only to hear but also to watch your sleeping baby no matter where you are inside the house, or up to 100 metres away in the open air.

This is already a hot seller but it beats me why so many parents choose to hear their babies crying. I mean, that's what babies are meant to do isn't it? But now every parent's aim seems to be to keep baby from wailing or whining, whatever it costs to achieve this.

I've always believed there's nothing wrong with a baby exercising his lungs from time to time, and I've never gone in for monitors myself. Several of my friends have called me heartless but I don't want to hear my baby's every snuffle and cry. When he bawls, I hear him well enough.

What amazes me is even friends with small flats have a monitor in every room. The reason, I'm sure, is that they are to be bought in every shape or form and nobody bothers to wonder if they are really needed.

'The Guardian'

People will always judge by appearances

OVING parents, they can afford it, buy their daughters pretty clothes and get their teeth fixed. They take them to doctors for acne and to surgeons for birthmarks or squints, and for cleft palates, club feet or curved spines. If a boy messes up his face in a motorcycle accident. parents try to arrange cosmetic surgery. of such repairs to a child's well-being is often very obvious. And loving parents who are so protective of one of their children would not be any less protective of another.

My sister and I both damaged our front teeth in minor accidents when we were children. It would have been unthinkable in our family that my teeth should have been capped but not hers, just because she was 12 and I was supposedly normal. Yet this idea seems to lie behind the arguments last week. widely reported in the media, about a threeyear-old girl with Down's syndrome, whose parents had arranged cosmetic surgery for her, and whose case was the subject of a television documentary. Many people expressed shock and disapproval.



Minette Marrin

There seems to be a widely held view that there is something wrong with 13 the disability that is Down's syndrome. At its extreme this view holds that it is demeaning to people with Down's to suggest that their condition is in itself undesirable. To suggest that it should be eradicated, or at least modified, is to devalue them as individuals. Therefore it _. Society, not individual, the should

I sympathise with this feeling, but it is undisciplined sentimentality. The truth is, however much we may love an individual sufferer, that Down's syndrome is undesirable. So is spina bifida or Huntington's chorea. Which of us would not wave a wand, if we could, and magic it away? For one thing the

life of a child who is peculiar is often harsh. Other children can be surprisingly cruel. My little sister's birthday parties, 15 , were full of tiny girls in pretty party dresses, who before long would start taunting my sister for her oddities, and end up leaving her in tears. If there had been any kind of scientific magic to change all that, or even to make it only slightly better, of course I would have been in favour of it.

A fter the surgery she is pretty, but still unmistakably a Down's person

In the case of the three-year-old girl, there is surgery that can subtly alter her appearance, relieve some physical difficulties and make her look less odd. Her oversized tongue has been reduced. She will now find eating and speaking easier. Her malformed teeth and bite can be made to look better and to work better. Who could deny such improvements to any child?

I don't think it was so obviously desirable to

make subtle adjustments to her eyes, or pin back her ears, but anyone looking at her must be 16 her new prettiness, and her confidence, while still unmistakably a Down's person. If there is one thing I have become convinced of, it is that it is essential to think pragmatically, and always about the <u>17</u>. Phiprinciples losophical about the meaning of handicap in general are irrelevant to the question of what was best for this little girl. Her photographs show that her appearance is now enormously more attractive and acceptable.

A young Down's syndrome man said on the same documentary last week: "I wish people wouldn't judge by appearances." But they do and they always will, for deep-seated reasons, and not always bad ones. 18 appearances work both ways. The pearance of Down's is, to anyone capable of kindness, a sign to be gentle: stigmata have their gentler uses. Curiously enough, one of sister's problems was that her quite normal appearance worked against her: there weren't any disarming signs in her ap-

'The Sunday Telegraph'

The eco-prince only gets it half right

sweeping gravel drives outside his 40room mansion parade an Aston Martin, a Bentley 5 Turbo and other brutish gas guzzlers. He routinely helicopters to London. Yet he lectures the rest of us about using less of the Earth's resources. In short, a 10 hypocrite of whom ordinarily we would take little notice. Except that the man in question is a royal, so limo-loads of the upwardly mobile ooze over him 15 and love him for his drawing rooms and fine organic gardens.

It is almost too easy to knock the Prince of Wales for what he is: a mystical aristocrat who talks in eco-babble but likes a decent slice of the good life for himself. After last week's Reith lecture in which he opined that we should rediscover "a sense of the sacred", one scientist, as scientists will, condescended to suggest that His Royal Highness should "go back to school to do more A-levels". Our sympathies began to shift.

With divine timing, just as Charles was warning of the dangers of genetically modified (GM) crops, it emerged that 6 the honey had been contaminated by GM pollen and GM oilseed rape had been accidentally sown on 34,000 acres. That is a sizeable accident.

4 40 Whom do we trust? The experts or the bohemian rich? GM crops, the lords of science tell us, are one of our greatest 7 hopes. But then it was the



Phillip Oppenheim

'If we all went organic, we would have to cut our calories by half.'

scientists who pronounced at the outset that nuclear power would become too cheap to meter. It turned out so expen- 9 sive that for years nobody dared
 to calculate the real cost.

However, it was the technophobes who told us two decades ago that microchips would spell the end of employment. We need science. It is just that the matter in hand is too important to be left to the scientists.

We must be sceptical and demand safeguards over progress. That is supposed to be the government's job. Here Charles articulates public concern in an area where the government, alas, is not to be trusted. New Labour bends over backward to please big business.

No surprise, perhaps, that it took our government a full

month to reveal the oilseed contamination scandal last week –
and then only after Sweden
issued an alert. In Canada, GM
crops have to be grown 800
metres apart from conventional
ones. In Britain it is only 50
metres. Suspicious? You should
be

We should therefore judge the prince's views on their merits, not on his lifestyle. Charles is the not-always-quiteright prince. Take organic food. He was ahead of the game when it was eaten only by cranks. Now it gets you wholesome respect and extra reward points at the checkout. But organic food is a rich man's game: if we all went organic, we would have to cut our calorie intake by half.

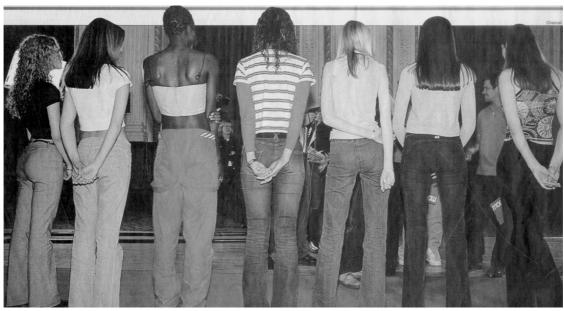
Genetic modification has its pros and cons. GM ingredients in the food supplement tryptophan are said to have caused 37 deaths and 1,500 disabilities in the United States. A snowdrop gene made potatoes resistant to greenfly – but killed ladybirds.

The prince seems reluctant to acknowledge GM's benefits. However, GM crops can produce more nutritious, lower105 fat food. They can reduce the need for pesticides and herbicides, they may help to save the Third World from starvation. What we need is more 110 research and safeguards, not shooting from the cufflinks.

'The Sunday Times'

'The Sunday Times'

NEWS REVIEW



Body shop: teenage girls compete against each other in front of the TV cameras

Models of bad behaviour

he call from the production company came earlier in the summer. How would I like to be the in-house psychotherapist for a new Channel 4 television series, Model Behaviour?

1

The series set out to select girls from competing heats up and down the country, choosing the five most likely to make it in the modelling industry. The finalists were then to be locked in a house together while we the viewers watched them bite and scratch and fall apart on the way to one of them receiving a year's modelling contract with Premier, the agency that represents Naomi Campbell and Claudia Schiffer.

But, the caller said, a few of them might find some of this competition a little tricky, and that's where I came in. I was to counsel, support and presumably explain these traumatised contestants to themselves and to the viewing audience.

I put the phone down and called colleagues. Suppose I were able to use the programme to 30 make some serious comments about the exploitation of girls' bodies? Suppose I could talk about what it 8 does to an individual and a gender to be construed primarily by the way 35 they looked? Suppose I could get access to that 90% of the teenage population who suffer from anxiety about the size and shape of their bodies?

Nice idea, but this programme was going to be what we are now calling "reality television". I called the production company and declined its offer, for the reality isn't 45 okay. These girls – adolescent minds in barely mature bodies – live in a 9 culture that mercilessly looks at the female form and then stops right there.

The series is being shown at the moment and, while the girls were eventually supplied with a resident psychologist, that person's thoughts were in the end not edited into the 55 programmes.

The programmes invite us to look at girls who are vying with each other to be looked at; looking at the blood on the carpet and the

60 tears before bedtime as they compete with their rivals and are savaged by the judges. For reality television is only really interesting if

Carole Topolski, asked to be resident psychotherapist in the latest reality TV show, about the modelling industry, is now heartily relieved that she turned the offer down

someone gets upset, and we know 12 that tears and cat claws go with the female like bread goes with butter.

I wonder what Channel 4 was hoping for. The eye of the camera may pretend that it is interested in 70 success, but actually it revels in failure: the girl with human-sized hips who collapses weeping when told she should take up hippo impersonation; the girl with strong 75 legs whose life shatters when she's contrasted unfavourably to a twig. And presumably behind the scenes

the psychologist is reassuring the tearful girl that she is not a failure, 80 it's only a television programme.

And what are we doing watching these girls? What, if not buying wholesale into the notion that you are how you look, that being looked 85 at is what constitutes female success. Model Behaviour is not only a television programme, it's an observation on how an industry grows up to reflect how a culture 90 sees its girls and women: how girls and women have to be to be seen.

And, be very certain, the girls in the show know they're being looked at – that, after all, is why they are 95 there – and by the end of the series most will also know defeat and rejection on the basis of their appearance.

appearance.

11 "By the end," says the
100 series producer Justin Goreman, "a lot of these girls
realised that modelling
wasn't for them. They all
leave the show older and
105 wiser." I bet they do.

This, then, is what passes for entertainment in the 21st century. We've moved way beyond enjoying the spectacle of Christians being 110 thrown to the lions on the dusty floor of the Colosseum and now cheer ourselves with a spectacle of young girls being emotionally drained, their body parts fragmented 115 and discarded on television screens in our front rooms.

I am relieved I had no part in it.

'The Sunday Times'

Tekst 8 Morgan's Passing

The following text is a fragment from the novel Morgan's Passing by the American writer Anne Tyler.

Morgan's oldest daughter was getting married. It seemed he had to find this out by degrees; nobody actually told him. All he knew was that over a period of months one young man began visiting more and more often, till soon a place was set for him automatically at suppertime and he was consulted along with the rest of the family when Bonny wanted to know what color to paint the dining room. His name was Jim. He had the flat, beige face of a department-store mannequin, and he seemed overly fond of crew-necked sweaters. And Morgan couldn't think of a thing to say to him. All he had to do was look at this fellow and a peculiar kind of lassitude would seep through him. Suddenly he would be struck by how very little there was in this world that was worth the effort of speech, the entanglements of grammar and pronunciation and sufficient volume of voice.

Then Amy started beginning every sentence with "we." We think this and we hope that. And finally: when we're earning a little more money; when we find a good apartment; when we have children of our own. This just crept in, so to speak. No announcements were made. One Sunday afternoon Bonny asked Morgan if he thought the back yard was too small for the reception. "Reception?" Morgan said.

"And it's not just the size; it's the weather," Bonny said. "What if it rains? You know how the weather can be in April."

"But this is already March," Morgan said.

"We'll all sit down this evening," said Bonny, "and come to some decision."

So Morgan went to his closet and chose an appropriate costume: a pinstriped suit he'd laid claim to after Bonny's father died. It stood out too far at the shoulders, maybe, but he thought it might have been what Mr. Cullen was wearing when Morgan asked him for permission to marry Bonny. And certainly he'd been wearing his onyx cufflinks. Morgan found the cufflinks in the back of a drawer, and he spent some time struggling to slip them through the slick, starched cuffs of his only French-cuffed shirt.

But when the four of them sat down for their discussion, no one consulted Morgan in any way whatsoever. All they talked about was food. Was it worthwhile calling in a caterer, or should they prepare the food themselves? Amy thought a caterer would be simplest. Jim, however, preferred that things be homemade. Morgan wondered how he could say that, having eaten so many suppers here. Bonny wasn't much of a cook. She leaned heavily on sherry – several glugs of it in any dish that she felt needed more zip. Everything they ate, almost, tasted like New York State cocktail sherry.

THE PHOTO PROGRAMME

Image technology is advancing at an ever increasing pace but the requirements of photography haven't changed – a mastery of camera technique and a seeing eye. Learning these essential skills is fundamental to our Courses and you'll quickly discover the difference they can



make to your enjoyment and success as a picture maker.

Many attend The Photo Programme time and time again, there are absolutely no pre-requisites, except a willingness to learn and desire to take better pictures. Complete beginners are most welcome.

ABOUT THE SEMINARS

A warm welcome awaits!

All Seminars begin with refreshments to help break the ice with other members on the Course. Everyone soon finds out about each others photographic interests, equipment they find useful and a variety of other tips and hints. Next, the Course begins with a short introductory session to enable David Hemmings to assess the needs of each participant and tailor the content of the Seminar to suit each members present skills and knowledge.



Throughout each Course this individual approach is combined with friendly discussion to ensure a valuable and enjoyable experience for everyone.

The Seminars maintain a careful balance between gaining new

information, equipment and technique familiarisation and actual photography in a superb location to practice the new skills.

Group sizes are always kept small so that David can offer help or suggest an alternative approach. Importantly, each Course is designed to be interesting and informative whatever your present knowledge or skill. The atmosphere is informal and everyone is encouraged to participate and to learn from each others experiences and problems.

SPECIAL FEATURES ON OUR COURSES

• Camera, Flash & Lens Checks

You'll be shown a simple three stage process for checking that your camera, flash and lenses are functioning as they should. Quite often, equipment has been found working less than perfectly whilst the owner has been unaware, believing that the problems with their photos were due to a personal failing.

Print & Slide Assessment

Participants are encouraged to bring some of their own prints or slides to the Course. Here a selection of pictures are appraised and useful suggestions offered to further improve the shot or encourage alternative thinking.

Seminar Notes

Each participant is provided with a set of comprehensive Course notes which reinforce the contents of the Course. These notes also contain extra information to help you get the best out of your camera and to suggest other techniques which you might like to try later.

Video Portfolio

On certain Seminars (such as 'Landscape' and the 'Out & About' series) a professionally made video is mailed to each Course member after the event. It records the best achievements on the Course, and includes a useful commentary of helpful tips and hints about each picture.

Good Photography Starts Here



ABOUT THE SPEAKER

David's style is informal, yet exact. He speaks in a manner which is easy to follow and which reveals an extensive knowledge. This knowledge is generously imparted efficiently and coherently. He clarifies for participants innumerable queries which crop up during the Course. Not a moment of the Course is wasted.

David's outstanding photographs have been exhibited in over 60 countries.

GENERAL INFORMATION

All the Seminars are presented at well-appointed hotels across England, chosen for their proximity to some excellent locations. Overnight accommodation is included in the cost, and consists of en-suite single or double rooms with meals and refreshments for the duration of the Course. If you live close by and prefer to travel, we are able to offer a reduced fee, without accommodation.

Participants should bring their own camera and accessories, as practical sessions are a feature of each Course. However, a loan camera, flashgun and tripod are available by prior arrangement.

YOUR GUARANTEE

The Photo Programme is a series of carefully prepared photo Seminars designed specifically to help you take better pictures.

We aim to present our Courses to the highest professional standards and offer a courteous, conscientious service each time you deal with us.

Each Seminar carries with it a unique guarantee, if you feel you have not benefitted we will refund your tuition fees in full.



For a free copy of our Seminar Information Pack containing locations, dates and more detailed Course information, just write, fax or phone:-

01908 240460

9 Booker Avenue, Bradwell Common, Milton Keynes, MK13 8AY

Fax: 01908 662527

OUR CURRENT COURSES

BACK TO BASICS

This is the ideal place to start if you do not always feel confident with your camera. You'll find out about camera handling, shooting modes, exposure and flash and discover what apertures and film speeds are all about. At the end of the Seminar, you will take home an increased understanding of your camera, and will be amazed to find how much a little knowledge of the basics can dramatically improve your next set of photographs.

THE COMPLETE GUIDE TO FLASH & LOW LIGHT PHOTOGRAPHY

Flash technology has improved significantly over recent years, and many of us own a flashgun brimming with advanced features, yet still not venture further than its basic setting.

This easy-to-follow 3 part Course is designed to help you master flash right from the beginning by taking you through its features, functions, buttons and dials step-by-step and with just a few simple techniques, you will be able to achieve stunning results.

You'll also learn how to work from dusk to complete darkness without flash, to produce stunning images of nightscapes, fireworks, floodlit architecture and street scenes. Additionally a night shoot is included in the Course so that you can practice these new techniques immediately, combining them with David's fascinating tips on painting with light.



OUT & ABOUT SERIES

David will show you how to photograph a wide range of subjects from architecture to butterflies with onthe-spot coaching and tuition. The Courses are based at spectacular locations, carefully chosen for their photographic potential and often with some very special planning involved.

For example, we have an arrangement with a Butterfly Farm for the air temperature to be reduced so that the insects keep more still to allow easier close-up photography.

THE WILDLIFE EXPERIENCE

Here, photography and fieldcraft are combined to help you achieve the perfect wildlife photograph.

In a woodland setting, and accompanied by an experienced Forest Ranger, the secrets of wildlife photography are revealed. Everything is explained in a simple and straightforward manner and is suitable for the absolute beginner.

You'll be able to photograph a selection of Owls, taken to the hotel by their owner, and there is a unique chance to photograph Badgers in their natural habitat – animals willing! Additionally, there is a special session on Safari and Zoological photography.

LANDSCAPE

Landscapes are perhaps the most photographed of subjects, but it's all too easy not to capture the magic of the original scene.

Our Landscape photography Courses are set in two spectacular locations, in the Lake District and the Yorkshire Moors. Here, David will introduce some innovative approaches, and reveal camera techniques that will transform your Landscape photography. There is advice on composition, viewpoint and lenses, and help to create your own photo calendar.

PEOPLE PHOTOGRAPHY

This exciting two-day Course will teach you everything you need to know about taking portraits both formally and informally.

You'll find out about lighting, backgrounds, posing and props, and then practice your new skills during



practical sessions, using window-light and studio flash. This step-by-step approach, and plenty of encouragement and support, ensures that even first-time portrait takers will get impressive results!

OTHER COURSES SOON TO COME

- A weekend 'Cityscapes and Streetlife' Course, located in Bath, Oxford or Cambridge.
- Masterclass to help the more experienced to fully develop his or her potential or learn a specific topic in much greater detail.

We are always delighted to hear from you about a topic or theme you'd like us to develop. Why not ring us with your idea and you may soon attend a Course of your own making.

SION Telegraph breaks hotels

nce again *The Daily Telegraph* has negotiated special discounts of between 25 and 50% on hotel accommodation with the help of the English Tourist Board. The hotels are listed in two Guides, this second one lists hotels in central and southern England and the Channel Islands. Hotels are listed in the Guides by area, then alphabetically grouped by county, town and hotel name.

The Short breaks offer entitles you to two consecutive nights for two people, sharing a twin or double room, including breakfast. The rate shown is per night and a stay must be for a minimum of two nights. Prices are dependent on the type of rooms booked and dates of travel, and may vary within the range shown.

Your guide to the Guide

Rates: The rate published is the amount which must be paid per night per twin/double room for a minimum of two nights. The percentage discount shown is the amount which has already been deducted from the hotel's normal full tariff.

Singles: Where indicated an hotel will offer a single room for individual bookings or for couples not wishing to share a room. There may be limited availability, please check with the hotel at the time of booking.

HB available: All hotels offer a full meal service. A discount may be available for a Half Board stay instead of the B&B offer. Check with the hotel for details and rates.

Additional offers:

Adenotes 2 meals for the price of 1 on the food content of one main meal. Not offered in conjunction with Half Board and subject to any annotated conditions.

Bdenotes one free bottle of wine, or equivalent, of the hotel's choice, with one main meal per couple, or half bottle per single, subject to any annotated conditions.

Cdenotes discount(s) on any in-house menities/facilities as annotated.

Ddenotes discount(s) on any local amenities/facilities as annotated.

Facilities:

1. Disabled guests. You are strongly advised to confirm your personal requirements at the time of booking.

 Children. Some hotels are suitable for children under the age of 12. See terms and conditions for specific details on rates etc.
 Dogs. Accepted where indicated. Confirm the hotel's acceptance at the time of booking. 4. Parking. Parking is available where indicated. Where there is a charge for parking this is indicated as 'Charge'.

Brochure by fax:

You will need a touch tone button phone connected to your fax machine. Dial 01732 780080 and follow the voice instructions. Key in the brochure page number you require eg 04000#. Key * and press START on your fax machine. Calls charged at standard rate. 24 hour helpline 01732 781111.

Tourist information centres:

Readers can obtain details by fax of over 500 of England's TICs. The service is available until the end of October '98. Calls are charged at £1 per minute. Telephone 0991 18 3000. You will need a touchtone telephone.

Internet information:

For hotel and tourism information, visit www.visitbritain.com or www.ireland.travel.ie. Some hotels have their own Web pages. Visit www.hotelfinder.co.uk.

Hotel grading:

The English Tourist Board assess hotels for quality and facilities. The grades awarded are 'Approved', 'Commended', 'Highly Commended' and 'Deluxe' which represent acceptable, good, very good and excellent standards of quality respectively. The range of facilities that an hotel offers is measured with the terms 'One' to 'Five' Crowns. The Tourist Authorities for Jersey and Guernsey award classification as annotated.

The Old Mait House Hotel

Radford, Timsbury, Bath, Somerset BA31 1QF Tel: 01761 470106 Brochure by fax: Page 04161# B&B from £41.40 to £43.20 Telegraph discount 40% Single B&B from £20.70 to

£26.40 Telegraph discount 40%

HB offer available Excluding: Christmas; New Year; Easter; Bank Holidays Country hotel in beautiful surroundings, built in 1835 as a brewery malt house. Now a hotel with character and comfort. Log fires, bar and restaurant.

Ashwick Country House Hotel

Dulverton, Somerset
TA22 9QD
Tel: 01398 323868
B&B from £56.00 to £64.00
Telegraph discount 40%
HB offer available
Excluding: Christmas;
New Year; Bank Holiday
weekends
A luxury, small, award-

winning country house hotel overlooking the wooded Barlevalley. Log fire, antiques and culinary delights. A world of utter peace and relaxation.

Facilities: 2, 4

₩₩ De luxe

Daneswood House Hotel

Cuck Hill, Shipham, Somerset BS25 1RD

Tel: 01934 843145 E-mail: daneswoodhouse hotel@compuserve.com B&B from £55.65 to £62.65

Telegraph discount 30% Excluding: Christmas period; Bank Holidays Excludes: Honeymoon suite

Charming, country house hotel set in its own grounds. Beautifully-appointed, individual rooms. Awardwinning restaurant. Access to Cheddar, Bath, Bristol and Wells.

Facilities: 2, 3, 4

Royal Oak Inn

Winsford, Exmoor National Park, Somerset TA24 7JE Tel: 01643 851455 Brochure by fax: Page 04157# B&B from £55.00 to £60.50 Telegraph discount 45% Single B&B from £49.50 to

Telegraph discount 45%

Excluding: Christmas; New Year's Eve; Bank Holiday weekends

Excludes: Luxury room ■Beautiful 12th century Exmoor inn beneath a toupee of thatch. Provides comfortable bedrooms. lounges, dining room, two bars and a high standard of cuisine.

Facilities: 2, 3, 4 Highly commended

Swan Hotel

Sadler Street, Wells, Somerset BA5 2RX Tel: 01749 678877 Brochure by fax: Page 04158# B&B from £67.00 to £73.00 Telegraph discount 25% HB offer available Excluding: Christmas; New Year: May 24 - 30, 99 ■15th century coaching hotel facing west front of Wells Cathedral with four poster beds and log fires.

Traditional English cuisine. Additional benefits: B Facilities: 2, 3, 4 Highly commended

Wyndcott Hotel

Martlet Road, Minehead, Somerset TA24 50E Tel: 01643 704522 E-mail: mineheadhotel@ msn.com Hotel web page: www. hotelfinder.co.uk Brochure by fax: Page 04159# B&B from £38.00 to £44.00 Telegraph discount 50% Single B&B £19.00 Telegraph discount 50% HB offer available Excluding: Christmas; New Year ■A warm welcome awaits

you at this beautiful house situated in lovely gardens with magnificent coastal views. Log fires, delicious Aga cooking and comfortable lounges. Additional benefits: B

Facilities: 1, 2, 3, 4

Highly commended

Henbury Lodge

Station Road, Henbury, Bristol, Somerset

Tel: 0117 9502615 B&B £34.00

Telegraph discount 50% Single B&B £22.00

Telegraph discount 50% ■Fine Georgian house offering spacious, luxury accommodation. Award-winning cuisine. Car parking within the grounds. Delightful gardens, Blaise Castle and walks nearby. Facilities: 2, 3, 4

Rangeworthy Court Hotel

₩₩₩ Commended

Church Lane, Wotton Road, Rangeworthy, Bristol, Somerset BS37 7ND Tel: 01454 228347 B&B from £42.00 to £49.20 Telegraph discount 40% Single B&B £37.20 to £42.00

Telegraph discount 40% HB offer available Excluding: Christmas; New Year; Badminton Horse Trials

■Relaxing country manor house in own gardens. Commended restaurant with interesting menus. Ideal for Bristol, Bath, South Cotswolds. Easy access from M4 and M5.

Additional benefits: D Reduced entry to Slimbridge Wildfowl Trust Facilities: 2, 3, 4

Swallow Royal Hotel

College Green, Bristol, Somerset BS1 5TA Tel: 0117 9255200 E-mail: info@swallow hotels.com B&B £120.00

Telegraph discount 25%

Excluding: Christmas; New Year

■This imposing Victorian building lies in the city centre, next to the Norman Cathedral. Two AA Rosettes for fine food.

Facilities: 1, 2, 3, 4 Highly commended

The Exmoor White

Exford, Somerset TA24 7PY Tel: 01643 831229 B&B £49.10 Telegraph discount 50%

Single B&B £27.00 Telegraph discount 45%

HB offer available Excluding: Christmas; Bank Holidays

Excludes: Honeymoon suites; four poster rooms

■One of Exmoor's prettiest villages, nestling beside the River Exe, set amidst high moorland. The village is noted for excellent riding and fishing facilities

Facilities: 1, 2, 3, 4 *学学 Commended

Beacon Wood Hotel

Church Road, North Hill. Minehead, Somerset TA24 5SB

Tel: 01643 702032

Brochure by fax: Page 04162# B&B from £30.00.to £32.50 Telegraph discount 50%

■Edwardian country house hotel set in two acres of terraced gardens with panoramic views of Exmoor and the sea. Grass tennis court and heated outdoor swimming pool.

Facilities: 2, 3, 4

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Rumwell Manor Hotel

Rumwell, Taunton, Somerset TA4 1EI

Tel: 01823 461902 Brochure by fax: Page 04163# B&B from £42.50 to £52.50

Telegraph discount 50% Single B&B from £29.50 to £34.00

Telegraph discount 50% **Excluding: Christmas**

■Georgian manor house in five acres of grounds with spectacular country views. Within easy reach of all the attractions in the South West of England.

Additional benefits: B Facilities: 1, 2, 4 *** Highly commended

The Market Place Hotel

The Market Place, Wells, Somerset BA5 2RN Tel: 01749 672616 B&B £67.13 Telegraph discount 25% HB offer available Excluding: Christmas; New Year; May 26 - 31, 99 Excludes: Master rooms ■Three star AA/RAC, two AA Rosette restaurant. Prime location, close to the cathedral. Charming rooms. courtyard setting, warm welcome and ample car parking. Additional benefits: A **Facilities: 1, 2, 3, 4** *** Highly commended

Crudwell Court Hotel

Crudwell, Malmesbury, Wiltshire SN16 9EP Tel: 01666 577194 E-mail: crudwellcrt@ compuserve.com B&B £44.00 Telegraph discount 50% Single B&B £30.00. Telegraph discount 50% Excluding: Christmas; New Year; Badminton Horse Trials; Bank Holidays **Excludes: Superior rooms** ■17th century rectory set in three acres of gardens,

outdoor heated swimming pool. Good reputation for food. A comfortable, relaxed country house hotel. Additional benefits: B

Facilities: 2, 3, 4 *** Commended

'The Daily Telegraph'

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